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## INTERPRETIVE SUMMARY

**Mechanisms regulating follicle wave patterns in the bovine estrous cycle investigated with a mathematical model**

*By Boer et al., page 000.* A normal bovine estrous cycle contains 2 or 3 waves of follicle development, and ovulation takes place in the last wave. The reason for cycles being of the 2 or 3 waves type is unclear. We use a mathematical model of the bovine estrous cycle to investigate possible physiological mechanisms. In the model, a number of factors influencing follicle growth rate or time point of corpus luteum regression appear to affect the number of waves per cycle. A better understanding of follicle development could help to find causes of declined fertility in dairy cows.

12 MODEL SIMULATIONS OF FOLLICULAR WAVES

13 **Mechanisms regulating follicle wave patterns in the bovine estrous cycle**

14 **investigated with a mathematical model**

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26

27 **ABSTRACT**

28 A normal bovine estrous cycle contains 2 or 3 waves of follicle development, and  
29 ovulation takes place in the last wave. However, the biological mechanisms that  
30 determine whether a cycle has 2 or 3 waves have not been elucidated. In a previous  
31 paper we presented how we developed a mathematical model of the bovine estrous  
32 cycle that generates cyclical fluctuations of hormones, follicles and corpora lutea in  
33 estrous cycles of approximately 21 days for cows with a normal estrous cycle. The  
34 parameters in the model represent kinetic properties of the system with regard to  
35 synthesis, release and clearance of hormones, and growth and regression of follicles  
36 and corpora lutea. The initial model parameterization resulted in estrous cycles with 3  
37 waves of follicular growth. Here, we use this model to explore which physiological  
38 mechanisms could affect the number of follicular waves. We hypothesized that some  
39 of the parameters related to follicle growth rate or to time point of corpus luteum  
40 regression are likely candidates to affect the number of waves per cycle. We  
41 performed simulations with the model in which we have varied the values of these  
42 parameters. It could be shown that the variation of (combinations of) model  
43 parameters regulating follicle growth rate or time point of corpus luteum regression  
44 can change the model output from 3 to 2 waves of follicular growth in a cycle. Also  
45 alternating 2- and 3-wave cycles occurred. Some of the parameter changes seem to  
46 represent plausible biological mechanisms that could explain these follicular wave  
47 patterns. In conclusion, our simulations indicated likely parameters involved in the  
48 mechanisms that regulate the follicular wave pattern, and could thereby help to find  
49 causes of declined fertility in dairy cows.

50 **Key words:** mathematical model, estrous cycle, follicular wave pattern

51

## INTRODUCTION

52

53 Two different patterns of follicle development are identified in mammals. In humans  
54 (and rats and pigs), the development of follicles to ovulatory size occurs only during  
55 the follicular phase, while in cattle (and sheep and horses), development of follicles to  
56 ovulatory or near-ovulatory size occurs throughout the cycle (Fortune, 1994). A  
57 normal bovine estrous cycle consists of 2 or 3 waves in which a cohort of follicles  
58 starts to grow. Many studies report a majority of 2-wave cycles (Ahmad et al., 1997,  
59 Bleach et al., 2004, Burns et al., 2005, Jaiswal et al., 2009, Wolfenson et al., 2004).  
60 Cycles with 1 or 4 waves occur incidentally (Bleach et al., 2004, Wolfenson et al.,  
61 2004). In both 2- and 3-wave cycles, serum levels of follicle stimulating hormone  
62 (FSH) start to increase directly after ovulation (day 0), inducing the emergence of the  
63 first follicular wave. Typically, emergence of the second wave occurs on day 9-10 in  
64 2-wave cycles and on day 8-9 in 3-wave cycles. In 3-wave cycles, a third wave  
65 emerges on day 15-16. The first 1 or 2 waves produce a dominant follicle that does  
66 not ovulate, but undergoes regression under influence of progesterone (P4). The  
67 functional dominant follicle present at the onset of luteolysis becomes the ovulatory  
68 follicle. Regression of the corpus luteum (CL) starts earlier in 2-wave cycles (day 16)  
69 than in 3-wave cycles (day 19), resulting in a cycle length of 19–20 days and 22–23  
70 days respectively (reviewed by Adams et al. (2008)).

71 The reason for cycles being of the 2 or 3 waves type is unclear. No difference  
72 was found between cows and heifers with regard to the proportion of 2- and 3-wave  
73 cycles (Wolfenson et al., 2004). The number of waves in a cycle appears not to be  
74 affected by breed or age (reviewed by Adams et al. (2008)). An increase in 3-wave  
75 patterns has been associated with poor nutrition and heat stress (reviewed by Adams  
76 et al. (2008)). A higher milk yield was reported in cows with 2-wave cycles (Bleach et

77 al., 2004). Several experiments have been performed to search for endocrine  
78 mechanisms underlying 2-wave versus 3-wave cycles. One possible explanation of a  
79 difference in number of waves is a difference in CL life span. The onset of CL  
80 regression occurs 2.5 days earlier in 2-wave than in 3-wave cycles (Jaiswal et al.,  
81 2009, Ahmad et al., 1997). Another possible explanation is that slowly growing  
82 dominant follicles delay the start of a next wave. Ovulatory follicles in 2-wave cycles  
83 have a lower growth rate than ovulatory follicles in 3-wave cycles (Bleach et al.,  
84 2004). Cauterization of the dominant follicle of the first wave (i.e. reduced estradiol  
85 (E2) and inhibin (Inh) production) at day 3 or 5 of the cycle resulted in an FSH surge  
86 the day after cauterization (Adams et al., 1992) and an earlier emergence of the next  
87 wave (Ko et al., 1991). Cows with 3-wave cycles had lower serum FSH and Inh  
88 concentrations at non-ovulatory waves compared to cows with 2-wave cycles (Parker  
89 et al., 2003), and it was therefore suggested that the number of waves during the cycle  
90 is affected by serum FSH and Inh concentrations. The latter is confirmed by the  
91 finding that immunization against Inh-A increased the number of follicular waves  
92 during a cycle (Medan et al., 2006).

93 Mathematical modeling of the bovine estrous cycle could help in  
94 understanding the dynamics of this complex biological system. Recently, we  
95 developed a mathematical model of the bovine estrous cycle (Boer et al., 2011). The  
96 objective of this paper was to investigate which mechanisms could be likely  
97 candidates for regulation of the number of waves in the bovine estrous cycle, using  
98 this model. A better understanding of the endocrine mechanisms regulating follicle  
99 development could help to find causes of declined fertility in dairy cows.

100

101

## **MATERIAL AND METHODS**

102 ***Parameterization of Follicle Wave Patterns***

103 In cattle, the functional follicle that is dominant at the moment of CL regression  
104 develops to become the ovulatory follicle. We assumed that there may be 2  
105 mechanisms by which follicle wave pattern can be influenced. One is the rate of  
106 follicle growth and the other is the time point of CL regression. The first mechanism  
107 might be induced by changing the effect of FSH or P4 on follicle growth, or by  
108 changing FSH or P4 synthesis, because follicle growth is stimulated by FSH and  
109 inhibited by P4 (Ko et al., 1991, Medan et al., 2006, Parker et al., 2003). The second  
110 mechanism, i.e. the time point of CL regression, is expected to have an effect on the  
111 follicular wave pattern because 2-wave cycles can occur when the CL starts to regress  
112 at an earlier time point, e.g. because of an earlier increase of prostaglandin F2 $\alpha$   
113 (PGF2 $\alpha$ ) (Adams et al., 1992, Ahmad et al., 1997, Jaiswal et al., 2009). We have  
114 selected 10 parameters in our model (Table 1) of which 7 relate to the first mechanism  
115 and 3 to the second mechanism, and we have tested whether changing the value of  
116 these parameters affects the number of waves per cycle in the model simulations. The  
117 model was simulated 120 days and can be simulated for as many days as wanted. For  
118 each of the 10 parameters, we performed simulations in which we changed the  
119 parameter with small steps for a range of values around the initial value. Results were  
120 evaluated by studying the figures of the model solution. We did not further increase or  
121 decrease the value when the solution continued to be irregular. The rationale for the  
122 expected effect of a parameter on either follicle growth rate or time point of CL  
123 regression is given in more detail in the Results section, together with the simulation  
124 results for that parameter.

125

126 ***Brief Description of the Model***

127 Recently, we developed a deterministic mathematical model that describes the  
128 dynamics of the bovine estrous cycle as a set of linked differential equations,  
129 including the processes of follicle and CL development and the working of key  
130 hormones that interact to control these processes (Boer et al., 2011). In the differential  
131 equations, Hill functions (Boer et al., 2011) were used for the modeling of inhibitory  
132 and stimulatory effects of hormones. A Hill function is a sigmoidal function between  
133 0 and 1, which switches at a specified threshold from one level to the other with a  
134 specified steepness. Time delays were incorporated when appropriate, to capture the  
135 time needed for factors to influence each other. Parameter estimation was based on  
136 experimental measurements available in literature. The simulations of this model are  
137 in line with empirical knowledge. With the parameterization of Boer et al. (2011), the  
138 model generates estrous cycles of 21 days, with 3 peaks of FSH and 3 corresponding  
139 waves of follicle growth and Inh production. In the model, 'CL' denotes the CL  
140 function, i.e. the capacity of the CL to produce P4, rather than the physical size of the  
141 CL. Likewise, 'Foll' (follicular function) represents the combined capacity of all  
142 follicles present at any time to produce E2 and Inh. Each follicular wave is induced by  
143 an increase in FSH. P4, which is high during the first 2 waves, decreases as the CL  
144 regresses under influence of  $\text{PGF2}\alpha$ , released from the uterus. The third wave of  
145 follicle growth then results in increasing levels of E2. This causes a surge of  
146 gonadotropin releasing hormone (GnRH) hence luteinizing hormone (LH), which  
147 triggers ovulation (Figure 1 and 2). More details about the incorporated physiological  
148 mechanisms and the mathematical description of the model can be found in Boer et al.  
149 (2011).

150 ***Modification of the Model.*** The model described in Boer et al. (2011) includes  
151 two fixed time delays for the effect of the increase in P4 levels on  $\text{PGF2}\alpha$  release, to

152 mimic the situation that the rise of P4 early in the cycle starts a series of events or  
 153 mechanisms that eventually lead to the rise of PGF2 $\alpha$ , followed by a decline of  
 154 PGF2 $\alpha$  a few days later. The time delays are thus a ‘black box’ in which the  
 155 intermediate events that regulate PGF2 $\alpha$  levels were not described. We have adapted  
 156 this part of the model. In the model used for the current study, these delays are  
 157 replaced by a mechanism in which the ability to synthesize PGF2 $\alpha$  develops over time  
 158 under influence of P4. Exposure to P4 above a threshold level must last for a couple  
 159 of days to induce PGF2 $\alpha$  release. P4 stimulates the synthesis of receptors (e.g.  
 160 oxytocin receptor (OTR)) and enzymes required for the production and release of  
 161 PGF2 $\alpha$  (dos Santos et al., 2009, Silvia et al., 1991). In the model, ‘OTR’ thus  
 162 represents the overall mechanism in the endometrium involved in the production of  
 163 PGF2 $\alpha$ . OTR is stimulated by P4,

$$164 \quad \frac{d}{dt} OTR(t) = c_{P4}^{OTR} \cdot P4(t) - c_{OTR} \cdot OTR(t),$$

165 where  $c_{P4}^{OTR}$  is the proportionality factor of P4 in the increase of OTR, and  $c_{OTR}$  is  
 166 the decrease rate of OTR. OTR stimulates PGF2 $\alpha$ ,

$$167 \quad \frac{d}{dt} PGF2\alpha(t) = H^+(OTR) - c_{PGF2\alpha} \cdot PGF2\alpha(t),$$

168 where  $H^+(OTR)$  is the Hill function of the stimulating effect of OTR, and  $c_{PGF2\alpha}$   
 169 is the PGF2 $\alpha$  clearance rate constant. PGF2 $\alpha$  levels thus rise because P4 stimulates  
 170 the production of OTR required for PGF2 $\alpha$  production (Figure 1 and 2). Figure 1  
 171 shows an overview of the mechanisms incorporated in the current model. The  
 172 equations and parameter values are listed in the appendix. The model contains 13  
 173 differential equations and 54 parameters.

174

175

## RESULTS AND DISCUSSION

176 Of the 10 parameters tested, 6 affected the number of waves per cycle (Table 3).

177 Cycles with 2 waves had a shorter cycle length. In the non-ovulatory wave of 2-wave

178 cycles, FSH levels were higher, Foll (follicular capacity to produce E2 and Inh) was

179 larger, and therefore also E2 and Inh levels were higher compared to non-ovulatory

180 waves of 3-wave cycles. The 2-wave cycles obtained by a change in follicle growth

181 rate were due to a later emergence of the second wave, while the 2-wave cycles

182 obtained by a change in time point of CL regression were caused by a shorter CL life

183 span.

184

### 185 *Effects of Parameters related to Follicle Growth Rate*

186 *Effect of FSH.* Follicle growth rate is stimulated by FSH. FSH dependent  
187 growth rate in the model is influenced by a number of parameters, i.e. ‘Maximum rate

188 of FSH dependent growth’ ( $m_{FSH}^{Foll}$ ) and ‘Threshold of FSH to stimulate Foll’

189 ( $T_{FSH}^{Foll}$ ). The parameters  $m_{FSH}^{Foll}$  and  $T_{FSH}^{Foll}$  belong to the Hill function of the

190 effect of FSH on Foll, where the first represents the maximum FSH dependent follicle

191 growth rate, and the second defines the threshold of FSH at which the stimulatory

192 effect on Foll increases. We tested if a lower follicle growth rate could be simulated

193 by a decrease in  $m_{FSH}^{Foll}$ . In the simulations, a decrease in  $m_{FSH}^{Foll}$  alone did not result

194 in a 2-wave cycle, but the wave pattern could be changed in combination with another

195 parameter involved in follicle growth rate, ‘Maximum inhibition rate of P4 on Foll’

196  $(m_{P4}^{Foll})$ . A decrease in  $m_{FSH}^{Foll}$  from 0.70 to 0.40 resulted in 2-wave cycles when at  
 197 the same time  $m_{P4}^{Foll}$  was decreased, and Foll peak height in non-ovulatory waves  
 198 was higher (Figure 3). Apparently, despite the lower FSH dependent growth rate, the  
 199 first wave could then grow larger and persist for a longer time due to the lower  
 200 inhibiting effect of P4. Therefore the second wave occurred when the CL was already  
 201 waning, allowing the second wave to become the ovulatory wave.

202 Remarkably, increasing  $m_{FSH}^{Foll}$  from 0.70 to 1.35 (without a change in  
 203  $m_{P4}^{Foll}$ ) resulted in alternating 2-wave and 3-wave cycles (Figure 4). Increasing  
 204  $m_{FSH}^{Foll}$  even further to 1.80 resulted in a series of 2-wave cycles. However, LH peaks  
 205 then became irregular, which appeared to be related to the increased E2 levels  
 206 produced by the larger follicles. Decreasing the sensitivity of the pituitary for E2  
 207 resulted in normal LH peaks again. This was done by increasing the parameter 'E2  
 208 threshold for GnRH sensitivity of the pituitary' ( $T_{E2}^{GnRH,2}$ ), which is the threshold  
 209 of E2 at which the pituitary becomes more sensitive to GnRH. When  $T_{E2}^{GnRH,2}$  was  
 210 increased from 0.88 to 1.62, the GnRH/LH surge was induced at the appropriate time  
 211 point, i.e. together with E2 peak levels. Probably, an increase of  $m_{FSH}^{Foll}$  (instead of  
 212 the expected decrease) results in a 2-wave cycle because it takes longer before the  
 213 inhibiting effect of P4 becomes stronger than the increased stimulating effect of FSH,  
 214 and therefore the first follicular wave starts to decline at a later time point. It was

215 tested if a lower follicle growth rate could be simulated by an increase in  $T_{FSH}^{Foll}$ .

216 However, a change in  $T_{FSH}^{Foll}$  did not affect wave pattern.

217 In the model, larger follicles are less dependent on FSH, i.e. follicles larger  
218 than the threshold  $T_{Foll}^{FSH}$  (Threshold of Foll to downscale FSH threshold) become

219 more sensitive to (= less dependent on) FSH. Therefore, we tested if a decrease in  
220  $T_{Foll}^{FSH}$  would lead to a smaller number of waves per cycle. Simulation results

221 showed that this parameter indeed affected the wave pattern. When  $T_{Foll}^{FSH}$  was

222 decreased from 0.30 to 0.15, the model simulated alternately 2-wave and 3-wave  
223 cycles with some variation in hormone levels between cycles. When this parameter  
224 was 0.12, almost all cycles had 2 waves (Figure 5). With values below 0.12, E2 and  
225 LH patterns became irregular.

226 **Effect of P4.** We assumed that when follicle growth is less inhibited by P4,  
227 follicles in the luteal phase can grow larger and persist for a longer time, which could  
228 result in a higher occurrence of cycles with 2 waves. We have tested this hypothesis

229 by decreasing ‘Maximum inhibition rate of P4 on Foll’ ( $m_{P4}^{Foll}$ ), which is the  
230 parameter that represents the maximum inhibiting effect of P4 on follicular function.

231 The model generated cycles with 2 waves when  $m_{P4}^{Foll}$  was between 0.60 and 1.20.

232 When  $m_{P4}^{Foll}$  was between 1.20 and 1.80, the cycle contained sometimes 2 and

233 sometimes 3 waves, or somewhat irregular patterns. When  $m_{P4}^{Foll}$  was 1.80 or higher,

234 the model generated cycles with 3 waves, and the peak levels of Foll in non-ovulatory  
235 waves became lower with further increased  $m_{P4}^{Foll}$  (because the inhibiting effect of  
236 P4 became stronger) until the cycle contained basically 1 ovulatory wave, without  
237 waves during the luteal phase.

238 **FSH synthesis.** Another possible mechanism that may affect follicle growth  
239 rate is FSH synthesis. We assumed that a stronger inhibiting effect of Inh on FSH  
240 synthesis could result in lower FSH serum levels and therefore slower follicle growth,  
241 resulting in a cycle with 2 instead of 3 waves. We tested if a decrease in ‘Maximum  
242 FSH synthesis rate in the pituitary’ ( $m_{Inh}^{FSH}$ ) could reduce the FSH dependent follicle  
243 growth rate and result in 2-wave cycles. However, a decrease in this parameter did not  
244 result in a regular 2-wave cycle, but  $m_{Inh}^{FSH}$  resulted in low peak levels of Foll  
245 without LH surge. This was due to E2 levels that are too low to induce the GnRH/LH  
246 surge. The E2 dependent GnRH/LH surge could not be ‘repaired’ by a decrease in ‘E2  
247 threshold for GnRH sensitivity of the pituitary’ ( $T_{E2}^{GnRH,2}$ ). We also tested if a  
248 decrease in ‘Threshold of Inh for inhibition of FSH synthesis’ ( $T_{Inh}^{FSH}$ ), which results  
249 in a stronger inhibition of FSH synthesis by Inh, could result in a cycle with 2 waves.  
250 However, a decrease in  $T_{Inh}^{FSH}$  did not change the pattern of 3 waves, and below  
251 0.03, no LH surges occurred. Although a large increase in  $T_{Inh}^{FSH}$  resulted in a  
252 changed wave pattern, FSH and Inh levels became irregular such that we did not  
253 consider this as a normal 2-wave cycle.

254 In the model, the production of Inh is assumed to be proportional to Foll with  
255 a short delay, where  $c_{Foll}^{Inh}$  is the proportionality factor of Foll to Inh. We assumed  
256 that FSH synthesis could be reduced when Inh production by the follicles is higher.  
257 Therefore, we tested if an increase in  $c_{Foll}^{Inh}$  would increase circulating Inh levels and  
258 result in a cycle with 2 waves, but this was not found.

259 **P4 synthesis.** Another mechanism we tested was the inhibiting effect of P4 on  
260 follicle growth rate. We assumed that a 2-wave cycle can occur when a follicle wave  
261 can grow for a longer time due to less inhibition by P4. A reduced inhibitory effect on  
262 follicle growth rate could be due to a lower P4 production by the CL, resulting in  
263 lower P4 serum levels. In the model, it is assumed that P4 is proportional to CL  
264 function. Therefore, it was tested if a decrease of ‘Proportionality factor of CL to P4’  
265 ( $c_{CL}^{P4}$ ) would affect P4 levels and follicle growth rate. Simulation results did not  
266 show a clear effect of P4 levels on the time course of a follicular wave. A decrease in  
267  $c_{CL}^{P4}$  resulted in lower peak P4 levels, but did not result in a 2-wave cycle. However,  
268 a decrease in  $c_{CL}^{P4}$  combined with a decrease in  $m_{P4}^{Foll}$  resulted in an interesting  
269 wave pattern. As described earlier, reduced inhibition of follicle growth rate by P4 (by  
270 reducing  $m_{P4}^{Foll}$ ) resulted in a 2-wave cycle when P4 serum levels were not changed.

271 However, when P4 serum levels were reduced, by decreasing  $c_{CL}^{P4}$  from 1.45 to 0.50,  
272 the wave pattern changed back to 3 waves (Figure 6). Intermediate values for  $c_{CL}^{P4}$

273 (between 0.50 and 1.45, in combination with  $m_{P4}^{Foll}$  decreased to 1.00) resulted in  
274 cycles with sometimes 3, sometimes 2 waves. So, a parameter set was identified in  
275 which 2 parameter values were changed compared to the initial set that also  
276 simulates estrous cycles with 3 waves, but with different values for some of the output  
277 functions. In particular, E2 peak levels during non-ovulatory waves in this new  
278 combination of parameter values for a 3-wave cycle were higher than in the initial  
279 model parameterization for 3-wave cycles, possibly due to the reduced sensitivity of  
280 the follicles for P4. Further, the cycle length was a few days longer, probably because  
281 the lower P4 serum levels caused a later increase in OTR and thus CL regression.  
282 Therefore a third wave could develop.

283

#### 284 ***Effects of Parameters related to Time Point of CL Regression***

285 Besides the effect of follicle growth rate, secondly, we expected that the time point of  
286 CL regression would have an effect on the follicular wave pattern. Earlier CL  
287 regression could be due to an earlier increase of PGF2 $\alpha$ . Therefore, we tested if a  
288 decreased 'Threshold of OTR to stimulate PGF2 $\alpha$  increase' ( $T_{OTR}^{PGF2\alpha}$ ) could result  
289 in PGF2 $\alpha$  release at a lower OTR concentration and thus at an earlier time point,  
290 resulting in a cycle with 2 follicular waves. As expected, the simulation results  
291 showed that a change in time point of CL regression had a large effect on the number  
292 of follicular waves. A noteworthy result was that varying  $T_{OTR}^{PGF2\alpha}$  could result in 1,  
293 2, 3, or 4 waves in a cycle (Table 2), because the time point of PGF2 $\alpha$  increase was  
294 changed. When the number of waves in a cycle increased, cycle length became longer  
295 and P4 levels higher, while E2 levels in the luteal phase became lower.

296 We tested if a stronger P4 stimulation of OTR could also be obtained by an  
297 increased ‘Proportionality factor of P4 to OTR’ ( $c_{P4}^{OTR}$ ). An increase in  $c_{P4}^{OTR}$  from  
298 0.87 to 2.00 resulted in a cycle with 2 waves (Figure 7). The higher proportionality  
299 factor resulted in higher levels of OTR and lower levels of P4 compared to 3-wave  
300 cycles. An overview of the differences in parameter values between 2-wave and 3-  
301 wave cycles is given in Table 3.

302

### 303 *General Discussion*

304 We used a mathematical model of the bovine estrous cycle to identify critical points  
305 in the mechanisms that affect the number of follicular waves in a cycle. We found that  
306 the model output changed from 3 to 2 waves in a cycle when the duration of the luteal  
307 phase was changed, or when the effect of FSH or of P4 on follicle growth was  
308 changed, but not when FSH synthesis or P4 synthesis was changed. Although some  
309 parameter changes resulted in irregular patterns, there were hardly any simulations  
310 where the system was totally derailing or collapsing, and most of the times it  
311 ‘recovered’ to a normal cycle, emphasizing the robustness of the model. Some  
312 parameterizations resulted in strictly periodic behavior of the cycle, while other  
313 parameterizations resulted in quasi-periodic behavior. When a cycle had 2 waves  
314 instead of 3, the duration of the cycle was shorter, which is in line with the empirical  
315 observations reported by Jaiswal et al. (2009), Ahmad et al. (1997) and Adams et al.  
316 (2008). The sensitivity analysis confirmed that parameters that affected the pattern of  
317 follicular waves indeed had a high impact on the model solution.

318 Depending on the parameterization, the model simulations showed the same  
319 wave pattern repeatedly in successive cycles or alternating 2- and 3-wave cycles. In  
320 the literature, the repeatability of wave pattern within individual cows is studied in a

321 limited number of papers. It was shown that wave pattern is repeatable within  
322 individuals (Jaiswal et al., 2009) but also that cows can switch between cycles with 2  
323 and 3 waves (Price and Carrière, 2004). Sichtar et al. (2010) reported an almost equal  
324 proportion of alternating and non-alternating patterns in cows monitored during 3  
325 cycles. In a study of Rhodes et al. (1995) in 5 *Bos Indicus* heifers monitored for at  
326 least 12 consecutive estrous cycles, 3 waves was the most common pattern. However,  
327 none of the cows showed 3 waves in all cycles; also cycles with 2 and some with 4  
328 waves were observed. Although the number of animals and consecutive cycles is  
329 limited, these studies suggest that both genetic and environmental factors may play a  
330 role in the regulation of follicular wave pattern.

331 For several single parameters, a shift in parameter value resulted in a cycle  
332 with 2 follicular waves instead of 3. Although sometimes regular 2-wave and 3-wave  
333 cycles could be simulated for intermediate values, other values resulted in more  
334 irregular patterns, especially for parameters related to follicle growth rate. Possibly,  
335 slight changes in other parameters are required to ‘correct’ for these irregularities,  
336 which indeed occurs in cows. This required change in other parameters could be  
337 demonstrated by the change in ‘Maximum FSH dependent Foll growth rate’  
338  $(m_{FSH}^{Foll})$ . An increase in  $m_{FSH}^{Foll}$  combined with an increase in ‘E2 threshold for  
339 GnRH sensitivity of the pituitary’  $(T_{E2}^{GnRH,2})$ , or a decrease in  $m_{FSH}^{Foll}$  combined  
340 with a decrease in ‘Maximum inhibition rate of P4 on Foll’  $(m_{P4}^{Foll})$  resulted in a 2-  
341 wave cycle.

342 A decrease in 'Proportionality factor of CL to P4' ( $c \frac{P4}{CL}$ ) alone did not change  
343 the number of waves, although P4 levels decreased. This could indicate that for the  
344 regulation of the follicular wave pattern the time period in which P4 is produced is  
345 more important than the amount of P4 production (as long as P4 is above a minimum  
346 level). The simulation results clearly showed a gradual shift in the number of waves  
347 when 'Threshold of P4 to stimulate PGF2 $\alpha$  increase' ( $T \frac{PGF2\alpha}{OTR}$ ) was changed. The  
348 time course of CL development and regression thus appears to have a distinct effect  
349 on the pattern of follicular waves, which is in line with the results of (Jaiswal et al.,  
350 2009) who reported an earlier onset of CL regression in 2-wave cycles compared to 3-  
351 wave cycles.

352 No regular 2-wave cycles could be simulated by changing parameters related  
353 to the effect of Inh on FSH synthesis rate. However, the simulation results showed  
354 that 2-wave cycles had higher Inh and FSH levels than 3-wave cycles, which was also  
355 reported by Parker et al. (2003). However, doubling the amplitude of the FSH surge  
356 preceding the emergence of a follicular wave did not change the characteristics of that  
357 wave (Duggavathi et al., 2005). This suggests that FSH normally is not a limiting  
358 factor in follicle growth rate, but that changed Inh and FSH levels are a result rather  
359 than a cause of a changed follicular wave pattern. Although 'Foll' in the model  
360 represents the capacity to produce E2 and Inh, it is correlated to follicle diameter. The  
361 higher levels of Foll in 2-wave cycles compared to 3-wave cycles in the model output  
362 are therefore in line with the larger size of dominant follicles in 2-wave cycles  
363 compared to 3-wave cycles reported by Townson et al. (2002) and Wolfenson et al.  
364 (2004). The later emergence of the second wave in 2-wave cycles compared to the

365 initial 3-wave cycle in the model is in line with the reports of Jaiswal et al. (2009) and  
366 Adams et al. (1992).

367 For parameters related to follicle growth rate, it appeared to be difficult to  
368 induce a smooth shift from 3 to 2 waves, because often irregular patterns appeared in  
369 between. In contrast, for parameters related to the time point of CL regression this  
370 gradual switch resulted less often in irregular patterns. These simulation results are in  
371 line with empirical observations in literature reporting that the number of follicular  
372 waves can be manipulated easily by changing the time point of CL regression (Diskin  
373 et al., 2002). In this way, the third wave just does not ‘fit’ anymore within the amount  
374 of time. It is not surprising that an earlier time point of CL regression (and therefore a  
375 shorter cycle) induces a switch from 3 to 2 waves without irregular patterns in  
376 between, because when P4 levels are sufficiently decreased at the second wave, this  
377 will become the ovulatory wave. Although in the bovine 2-wave cycles are on average  
378 shorter than 3-wave cycles (Adams et al., 2008, Bleach et al., 2004), the difference is  
379 not equivalent to the duration of a complete wave. Based on reported differences in  
380 follicle development (Bleach et al., 2004, Jaiswal et al., 2009), we postulate that  
381 differences in number of waves in natural estrous cycles may rather be due to changes  
382 in the mechanisms regulating follicle growth rate, and that the shorter cycle length is  
383 rather the result than the cause of the change in wave pattern. This is also shown by  
384 the simulation results, because a change in follicle growth rate related parameters,  
385 resulting in 2-wave cycles, lead to a shorter cycle length.

386

387

## CONCLUSION

388 The simulation results showed that several components of our model of the bovine  
389 estrous cycle can affect the pattern of follicle growth. The number of waves could be

390 affected by follicle growth rate as well as time point of CL regression. The simulation  
391 results suggest that the initial number of waves per cycle is determined by certain  
392 characteristics of follicle growth rate, and indicates likely parameters that are involved  
393 in this mechanism. A better understanding of the endocrine mechanisms regulating  
394 follicle development is important to obtain more precise control of the estrous cycle,  
395 which can help to improve pregnancy rates (Diskin et al., 2002). Experimental data to  
396 verify the predicted causes of 2- or 3-wave cycles are not always available, but the  
397 present simulation results show some likely candidates involved in the regulation of  
398 follicle wave pattern that could be tested in future experiments. These experiments  
399 require daily measurements of follicle and CL dynamics and blood sampling for  
400 successive cycles. Additionally, P4 or FSH could be administered to measure specific  
401 effects. Designated experiments are extensive, but the present simulation results show  
402 some candidates to consider for a deeper experimental investigation. Therefore our  
403 results allow to focus experimental effort on these candidates.

404

405

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476

477

## APPENDIX

### 478 *A. List of Model Equations*

479 For abbreviation of the notation of Hill functions, we use  $H(\text{substrate})$  instead of  
 480  $m \cdot h(\text{substrate}(t); T, n)$ , where  $n$  is the steepness coefficient.  $H^+$ : positive Hill function.  
 481  $H^-$ : negative Hill function.  $T$ : threshold for change of behavior of the Hill functions.  
 482  $m$ : parameter that controls the height of the switch of the Hill functions.  $Syn$ :  
 483 synthesis.  $Rel$ : release.  $Pit$ : pituitary.  $Hypo$ : hypothalamus.  $c$ : rate constant.  $\tau$ : time  
 484 delay.

485 1. 
$$\frac{d}{dt} GnRH_{Hypo}(t) = Syn_{GnRH}(t) - Rel_{GnRH}(t)$$

486 1a. 
$$Syn_{GnRH}(t) = c_{GnRH,1} \cdot \left(1 - \frac{GnRH_{Hypo}(t)}{GnRH_{Hypo}^{max}}\right)$$

487 1b. 
$$Rel_{GnRH}(t) = (H_1^-(P4 \& E2) + H_2^-(P4)) \cdot GnRH_{Hypo}(t)$$

488 2. 
$$\frac{d}{dt} GnRH_{Pit}(t) = Rel_{GnRH}(t) \cdot H_3^+(E2) - c_{GnRH,2} \cdot GnRH_{Pit}(t)$$

489 3. 
$$\frac{d}{dt} FSH_{Pit}(t) = Syn_{FSH}(t) - Rel_{FSH}(t)$$

490 3a.  $Syn_{FSH}^-(t) = H_4^-(Inh_{\tau})$

491 3b.  $Rel_{FSH}^+(t) = (H_5^+(P4) + H_6^-(E2) + H_7^+(GnRH_{Pit})) \cdot FSH_{Pit}^+(t)$

492 4.  $\frac{d}{dt} FSH_{Blood}(t) = Rel_{FSH}^+(t) - c_{FSH} \cdot FSH_{Blood}(t)$

493 5.  $\frac{d}{dt} LH_{Pit}(t) = Syn_{LH}^+(t) - Rel_{LH}^+(t)$

494 5a.  $Syn_{LH}^+(t) = (H_8^+(E2) + H_9^-(P4))$

495 5b.  $Rel_{LH}^+(t) = (b_{LH} + H_{10}^+(GnRH_{Pit})) \cdot LH_{Pit}^+(t)$

496 6.  $\frac{d}{dt} LH_{Blood}(t) = Rel_{LH}^+(t) - c_{LH} \cdot LH_{Blood}(t)$

497 7.  $\frac{d}{dt} Foll(t) = H_{11}^+(FSH) - (H_{12}^+(P4) + H_{13}^+(LH_{Blood})) \cdot Foll(t)$

498 8.  $\frac{d}{dt} PGF2\alpha(t) = H_{14}^+(OTR) - c_{PGF2\alpha} \cdot PGF2\alpha(t),$

499 9.  $\frac{d}{dt} OTR(t) = c_{P4} \cdot P4(t) - c_{OTR} \cdot OTR(t)$

500 10.  $\frac{d}{dt} CL(t) = H_{15}^+(LH_{\tau}) + H_{16}^+(CL) - H_{17}^+(PGF2\alpha) \cdot CL(t)$

501 11.  $\frac{d}{dt} P4(t) = c_{CL} \cdot CL(t) - c_{P4} \cdot P4(t)$

502 12.  $\frac{d}{dt} E2(t) = c_{Foll} \cdot Foll(t) - c_{E2} \cdot E2(t)$

503 13.  $\frac{d}{dt} Inh(t) = c_{Foll} \cdot Foll(t) - c_{Inh} \cdot Inh(t)$

504

505 **B. List of Hill Functions**

$$H_1^-(P4\&E2) := m_{P4\&E2} \cdot (h^-(P4(t); T_{P4}^{GnRH,1}, 2) + h^-(E2(t), T_{E2}^{GnRH,1}, 2)) \\ - h^-(P4(t); T_{P4}^{GnRH,1}, 2) \cdot h^-(E2(t), T_{E2}^{GnRH,1}, 2))$$

$$H_2^-(P4) := m_{P4}^{GnRH,2} \cdot h^-(P4(t), T_{P4}^{GnRH,2}, 2)$$

$$H_3^+(E2) := m_{E2}^{GnRH,2} \cdot h^+(E2(t), T_{E2}^{GnRH,2}, 5)$$

$$H_4^-(Inh_\tau) := m_{Inh}^{FSH} \cdot h^-(Inh(t - \tau_{Inh}), T_{Inh}^{FSH}, 2)$$

$$H_5^+(P4) := m_{P4}^{FSH} \cdot h^+(P4(t); T_{P4}^{FSH}, 2)$$

$$H_6^-(E2) := m_{E2}^{FSH} \cdot h^-(E2(t); T_{E2}^{FSH}, 2)$$

$$H_7^+(GnRH_{Pit}) := m_{GnRH}^{FSH} \cdot h^-(GnRH_{Pit}(t); T_{GnRH}^{FSH}, 1)$$

$$H_8^+(E2) := m_{E2}^{LH} \cdot h^+(E2(t); T_{E2}^{LH}, 2)$$

$$H_9^-(P4) := m_{P4}^{LH} \cdot h^-(P4(t); T_{P4}^{LH}, 2)$$

$$H_{10}^+(GnRH_{Pit}) := m_{GnRH}^{LH} \cdot h^+(GnRH_{Pit}(t); T_{GnRH}^{LH}, 5)$$

$$H_{11}^+(FSH) := m_{FSH}^{Foll} \cdot h^+(FSH_{Blood}(t); \tilde{T}_{FSH}^{Foll}(t), 2)$$

$$\tilde{T}_{FSH}^{Foll}(t) := T_{FSH}^{Foll} \cdot h^-(Foll(t); T_{Foll}^{FSH}, 1)$$

$$H_{12}^+(P4) := m_{P4}^{Foll} \cdot h^+(P4(t); T_{P4}^{Foll}, 2)$$

$$H_{13}^+(LH) := m_{LH}^{Foll} \cdot h^+(LH_{Blood}(t); T_{LH}^{Foll}, 2)$$

$$H_{14}^+(OTR) := m_{OTR}^{PGF2\alpha} \cdot h^+(OTR(t); T_{OTR}^{PGF2\alpha}, 5)$$

$$H_{15}^+(LH_\tau) := m_{LH}^{CL} \cdot h^+(LH_{Blood}(t - \tau_{LH}); T_{LH}^{CL}, 2)$$

$$H_{16}^+(CL) := m_{CL}^{CL} \cdot h^+(CL(t); T_{CL}^{CL}, 2)$$

$$H_{17}^+(PGF2\alpha) := m_{PGF2\alpha}^{CL} \cdot h^+(PGF2\alpha(t); T_{PGF2\alpha}^{CL}, 1)$$

506

507 **C. List of Parameters and Parameter Values of the initial 3-wave Cycle**

Parameter	Value	Dimension	Description
symbol			

GnRH			
$GnRH_{Hypo}^{max}$	20.00	$[GnRH_{Hypo}]$	Maximum value for GnRH in the hypothalamus
$c_{GnRH,1}$	2.03	$\frac{[GnRH_{Hypo}]}{[t]}$	Synthesis rate constant of GnRH in the hypothalamus
$m_{P4 \& E2}$	1.27	$\frac{[GnRH_{Hypo}]}{[t]}$	Maximum part of GnRH synthesis rate constant inhibited by E2 and P4
$T_{E2}^{GnRH,1}$	0.14	[E2]	Threshold of E2 to suppress GnRH release
$T_{P4}^{GnRH,1}$	0.03	[P4]	Threshold of P4 to allow E2 suppression of GnRH release
$m_{P4}^{GnRH,2}$	1.31	1/[t]	Maximum part of GnRH synthesis rate constant inhibited by P4
$T_{P4}^{GnRH,2}$	0.03	[P4]	Threshold of P4 to inhibit GnRH release directly
$m_{E2}^{GnRH,2}$	1.50	$\frac{[GnRH_{Pit}]}{[GnRH_{Hypo}]}$	Maximum scaling of pituitary sensitivity for GnRH
$T_{E2}^{GnRH,2}$	0.88	[E2]	Threshold of E2 to increase pituitary sensitivity for GnRH
$c_{GnRH,2}$	1.20	1/[t]	GnRH clearance rate constant in the pituitary
$\tau_{Inh}$	1.41	[t]	Delay of Inh in FSH synthesis
FSH			
$m_{Inh}^{FSH}$	1.46	[FSH]/[t]	Maximum FSH synthesis rate in the pituitary in the absence of Inh

$T_{Inh}^{FSH}$	0.06	[Inh]	Threshold of Inh for inhibition of FSH synthesis
$m_{P4}^{FSH}$	1.75	1/[t]	Maximum part of FSH release rate that is stimulated by P4
$T_{P4}^{FSH}$	0.10	[P4]	Threshold of P4 to stimulate FSH release
$m_{E2}^{FSH}$	0.26	1/[t]	Maximum part of FSH release rate that is inhibited by E2
$T_{E2}^{FSH}$	2.85	[E2]	Threshold of E2 to inhibit FSH release
$m_{GnRH}^{FSH}$	2.61	1/[t]	Maximum part of FSH release rate that is stimulated by GnRH
$T_{GnRH}^{FSH}$	0.20	[GnRH]	Threshold of GnRH to stimulate FSH release
$c_{FSH}$	0.78	1/[t]	FSH clearance rate constant
$b_{FSH}$	2.61	1/[t]	Basal FSH release
<hr/> <b>LH</b> <hr/>			
$m_{E2}^{LH}$	1.04	[LH]/[t]	Maximum part of LH synthesis that is stimulated by E2
$T_{E2}^{LH}$	0.10	[E2]	Threshold of E2 to stimulate LH synthesis
$m_{P4}^{LH}$	3.13	[LH]/[t]	Maximum part of LH synthesis that is inhibited by P4
$T_{P4}^{LH}$	0.03	[P4]	Threshold of P4 to inhibit LH synthesis
$m_{GnRH}^{LH}$	0.50	[LH]/[t]	Maximum part of LH release rate that is stimulated by GnRH

$T_{GnRH}^{LH}$	0.50	[GnRH]	Threshold of GnRH to stimulate LH release
$b_{LH}$	0.04	1/[t]	basal LH release rate constant
$c_{LH}$	9.73	1/[t]	LH clearance rate constant
Follicles			
$m_{FSH}^{Foll}$	0.70	[Foll]/[t]	Maximum increase of follicular function stimulated by FSH
$T_{FSH}^{Foll}$	1.44	[FSH]	Threshold of FSH to stimulate follicular function
$T_{Foll}^{FSH}$	0.30	[Foll]	Threshold of follicular function to downscale FSH threshold
$m_{P4}^{Foll}$	2.17	1/[t]	Maximum decrease of follicular function stimulated by P4
$T_{P4}^{Foll}$	0.12	[P4]	Threshold of P4 to stimulate decrease of follicular function
$m_{LH}^{Foll}$	2.17	[Foll]/[t]	Maximum decrease of follicular function stimulated by LH
$T_{LH}^{Foll}$	0.42	[LH]	Threshold of LH to stimulate decrease of follicular function
PGF2 $\alpha$			
$m_{OTR}^{PGF2\alpha}$	0.87	[OTR]/[t]	Maximum PGF2 $\alpha$ growth rate stimulated by OTR
$T_{OTR}^{PGF2\alpha}$	3.97	[OTR]	Threshold of OTR to stimulate PGF2 $\alpha$ increase
$c_{PGF2\alpha}$	0.87	1/[t]	PGF2 $\alpha$ clearance rate constant
CL			

$\tau_{LH}$	4.52	[t]	delay of LH in CL
$m_{LH}^{CL}$	0.29	[CL]/[t]	Maximum increase of CL stimulated by LH
$T_{LH}^{CL}$	0.96	[LH]	Threshold of LH to stimulate CL increase
$m_{CL}^{CL}$	0.06	[CL]/[t]	Maximum increase of CL stimulated by itself
$T_{CL}^{CL}$	0.07	[CL]	Threshold of CL to stimulate self-growth
$m_{PGF2\alpha}^{CL}$	5.69	[PGF2 $\alpha$ ]/[t]	Maximum decrease of CL stimulated by PGF2 $\alpha$
$T_{PGF2\alpha}^{CL}$	1.00	[PGF2 $\alpha$ ]	Threshold of PGF2 $\alpha$ to initiate decrease of CL
P4			
$c_{CL}^{P4}$	1.45	$\frac{[P4]/[CL]}{1/[t]}$	Proportionality factor of CL in P4 increase
$c_{P4}^{P4}$	0.58	1/[t]	P4 clearance rate constant
$c_{P4}^{OTR}$	0.87	$\frac{[OTR]/[P4]}{1/[t]}$	Proportionality factor of P4 in OTR increase
$c_{OTR}^{OTR}$	0.10	1/[t]	OTR decrease rate constant
E2			
$c_{Foll}^{E2}$	1.47	$\frac{[E2]/[Foll]}{1/[t]}$	Proportionality factor of follicular function in E2 increase
$c_{E2}^{E2}$	0.96	1/[t]	E2 clearance rate constant
Inh			

$c_{Foll}^{Inh}$	4.33	$\frac{[Inh]}{[Foll]}$ $1/[t]$	Proportionality factor of delayed follicular function in Inh increase
$c_{Inh}$	3.48	$1/[t]$	Inh clearance rate constant

508

509

510 **Table 1.** Parameter description, initial parameter value, and hypothesized direction of  
 511 change (increase or decrease) to alter a 3-wave in a 2-wave cycle for the 10  
 512 parameters that were tested for an effect on follicular wave pattern. Parameter values  
 513 are on a relative scale in order to simplify parameter estimation. Parameter symbols:  $T$   
 514 denotes a threshold,  $m$  denotes a maximum, and  $c$  denotes a rate constant.

Parameter no.	Parameter symbol	Parameter explanation	Initial value	Increase (↑) or decrease (↓)
1	$T_{Foll}^{FSH}$	Threshold of FSH above which the stimulating effect on Foll is increased	1.44	↑
2	$m_{Foll}^{FSH}$	Max. Foll <sup>1</sup> growth rate stimulated by FSH	0.70	↓
3	$m_{P4}^{Foll}$	Max. inhibition rate on Foll* of P4	2.17	↓
4	$T_{Foll}^{FSH}$	Threshold of Foll above which the stimulating effect of FSH on Foll decreases (larger follicles become more sensitive to (i.e. less dependent on) FSH)	0.30	↓
5	$c_{Foll}^{Inh}$	Proportionality factor of Foll to Inh (the production of Inh is proportional to Foll)	4.33	↑
6	$T_{Inh}^{FSH}$	Threshold of Inh above which the inhibiting effect on FSH synthesis is increased	0.06	↓
7	$m_{Inh}^{FSH}$	Max. FSH synthesis rate in absence of Inh	1.46	↓
8	$c_{CL}^{P4}$	Proportionality factor of CL to P4 (the production of P4 is proportional to CL function)	0.50	↓
9	$c_{P4}^{OTR}$	Proportionality factor of P4 to OTR (the production of OTR is proportional to P4 serum levels)	0.87	↑
10	$T_{OTR}^{PGF2\alpha}$	Threshold of OTR <sup>2</sup> above which the stimulating effect on PGF2 $\alpha$ is increased	3.97	↓

515 <sup>1</sup> Follicular function. <sup>2</sup> Oxytocin receptor and enzymes required for PGF2 $\alpha$  production.

516 **Table 2.** Varying  $T \frac{PGF2\alpha}{OTR}$  can result in 1, 2, 3, or 4 waves in a cycle.

Value of $T \frac{PGF2\alpha}{OTR}$	Number of follicular waves
0.25	1
0.70	1 and 2 alternating
2.00	2
2.50	2 and 3 alternating
4.10	3
7.50	3 and 4 alternating
9.10	4

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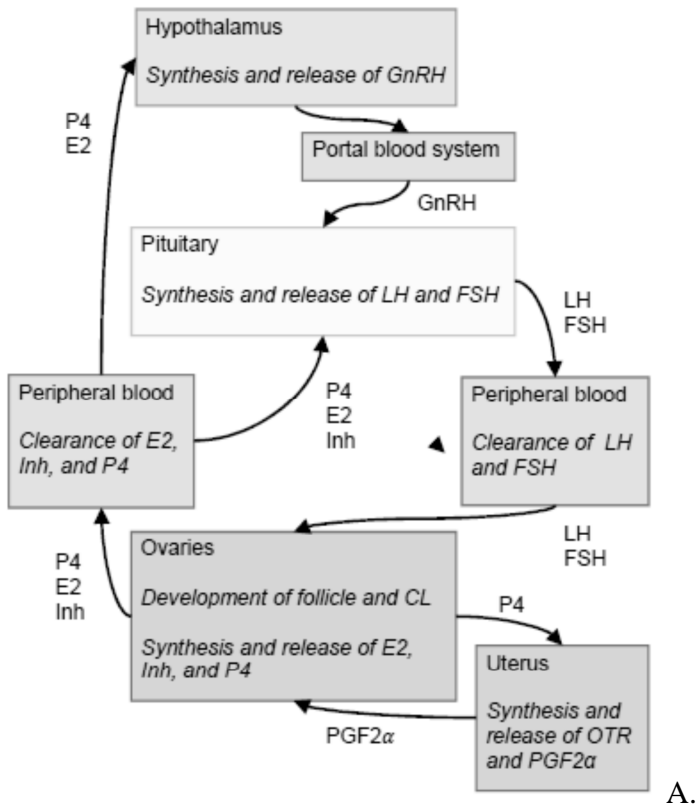
519 **Table 3.** Overview of parameter changes resulting in a different number of waves.

520 The initial parameter value results in 3-wave cycles.

Parameter symbol	Change in wave number	Initial value	Adapted value	Number of waves	Remark
$T_{FSH}^{Foll}$	No	1.44			
$m_{FSH}^{Foll}$	Yes	0.70	0.40	2	When $m_{P4}^{Foll}$ is 0.50
			1.80	2	When $T_{E2}^{GnRH,2}$ is increased from 0.88 to 1.62
$m_{P4}^{Foll}$	Yes	2.17	1.00	2	
			1.45	2 and 3 <sup>1</sup>	
$T_{Foll}^{FSH}$	Yes	0.30	0.12	2	Almost all cycles 2 waves
$c_{Foll}^{Inh}$	No	4.33			
$T_{Inh}^{FSH}$	Yes	0.06	0.30	2	Irregular FSH and Inh levels
$m_{Inh}^{FSH}$	No	1.46			
$c_{CL}^{P4}$	No	0.50	1.45	3	when $m_{P4}^{Foll}$ is 1.00
$c_{P4}^{OTR}$	Yes	0.87	2.00	2	
$T_{OTR}^{PGF2\alpha}$	Yes	3.97	2.00	2	
			2.50	2 and 3 <sup>1</sup>	

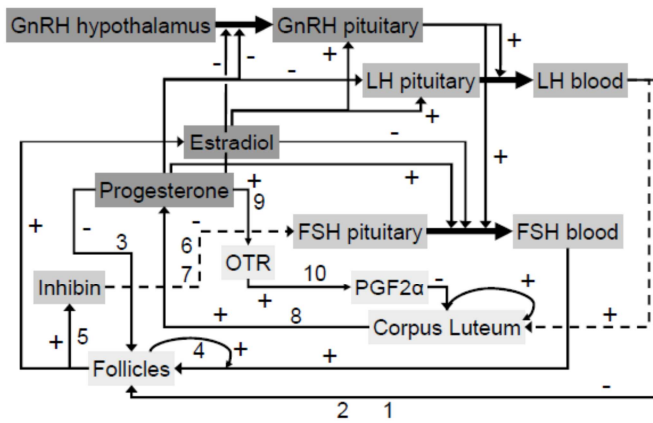
521 <sup>1</sup> 2- and 3-wave cycles alternating

522



523

A.

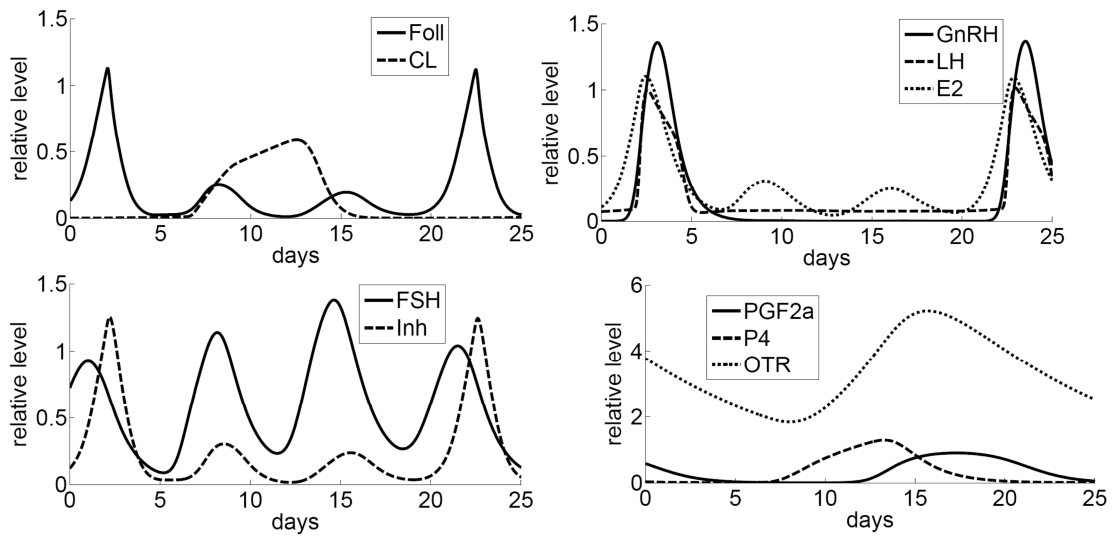


524

B.

525 **Figure 1.** A. Compartmental representation of the basis for the mathematical model of  
 526 the bovine estrous cycle. Each process is represented by a set of equations. B.  
 527 Mechanisms of the model of the bovine estrous cycle, in which the boxes represent  
 528 the 13 components for which a differential equation was derived. Stimulating and  
 529 inhibiting effects are denoted by '+' and '-' respectively. Dashed lines denote a time  
 530 delay. The numbers (as used in Table 1) of the parameters that were changed in the  
 531 simulations of this study are placed at the mechanism (arrow) that they affect.

532

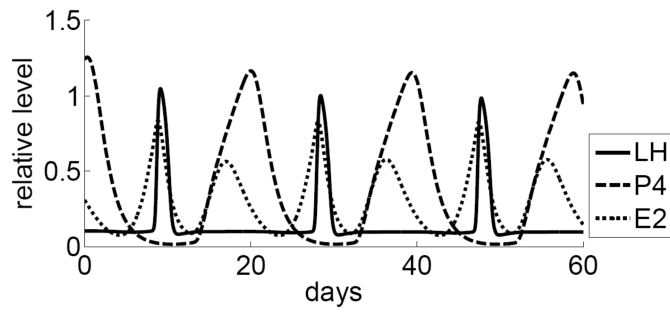


533

534

535 **Figure 2.** The initial model parameterization results in estrous cycles with 3 waves of  
 536 follicular growth. The equations are expressed on a relative scale in order to simplify  
 537 parameter estimation, and therefore the y-axis of the figures is dimensionless.

538



539

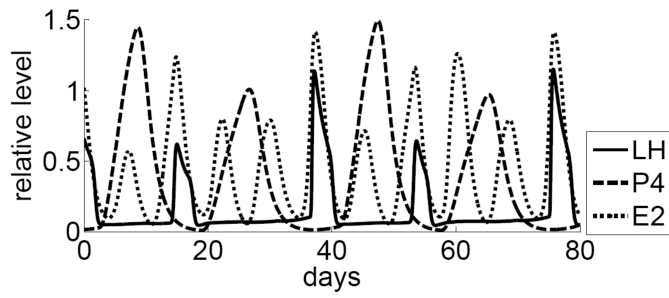
540 **Figure 3.** A decreased  $m_{FSH}^{Foll}$ , combined with a decreased  $m_{P4}^{Foll}$ , resulted in cycles

541 with 2 follicular waves. The equations are expressed on a relative scale in order to

542 simplify parameter estimation, and therefore no dimension is given at the y-axis of the

543 figures.

544

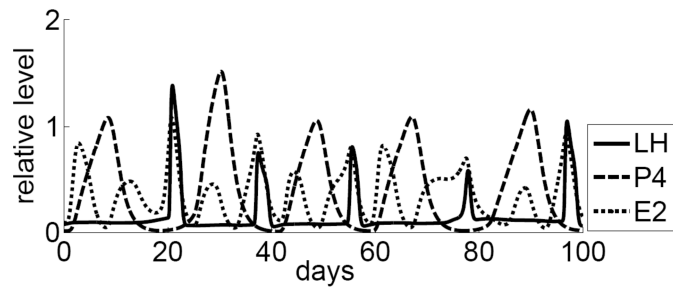


545

546 **Figure 4.** When  $m \frac{Foll}{FSH}$  was increased from 0.70 to 1.35, the model simulated

547 alternately 2-wave and 3-wave cycles.

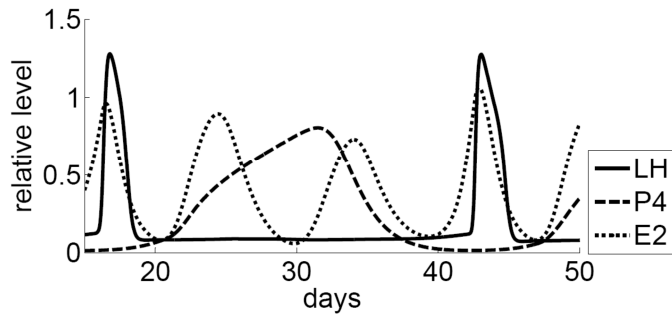
548



549

550 **Figure 5.** When  $T_{Foll}^{FSH}$  was 0.12, almost all cycles had 2 waves.

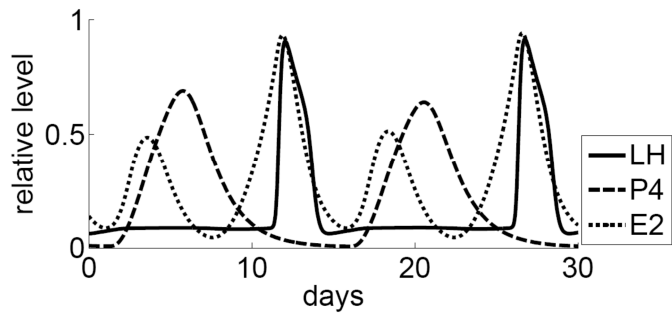
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552

553 **Figure 6.** 3-wave cycle when  $c_{CL}^{P4} = 0.5$  and  $m_{P4}^{Foll} = 1.0$ .

554



555

556 **Figure 7.** An increase in  $c_{P4}^{OTR}$  resulted in a cycle with 2 waves.

557